

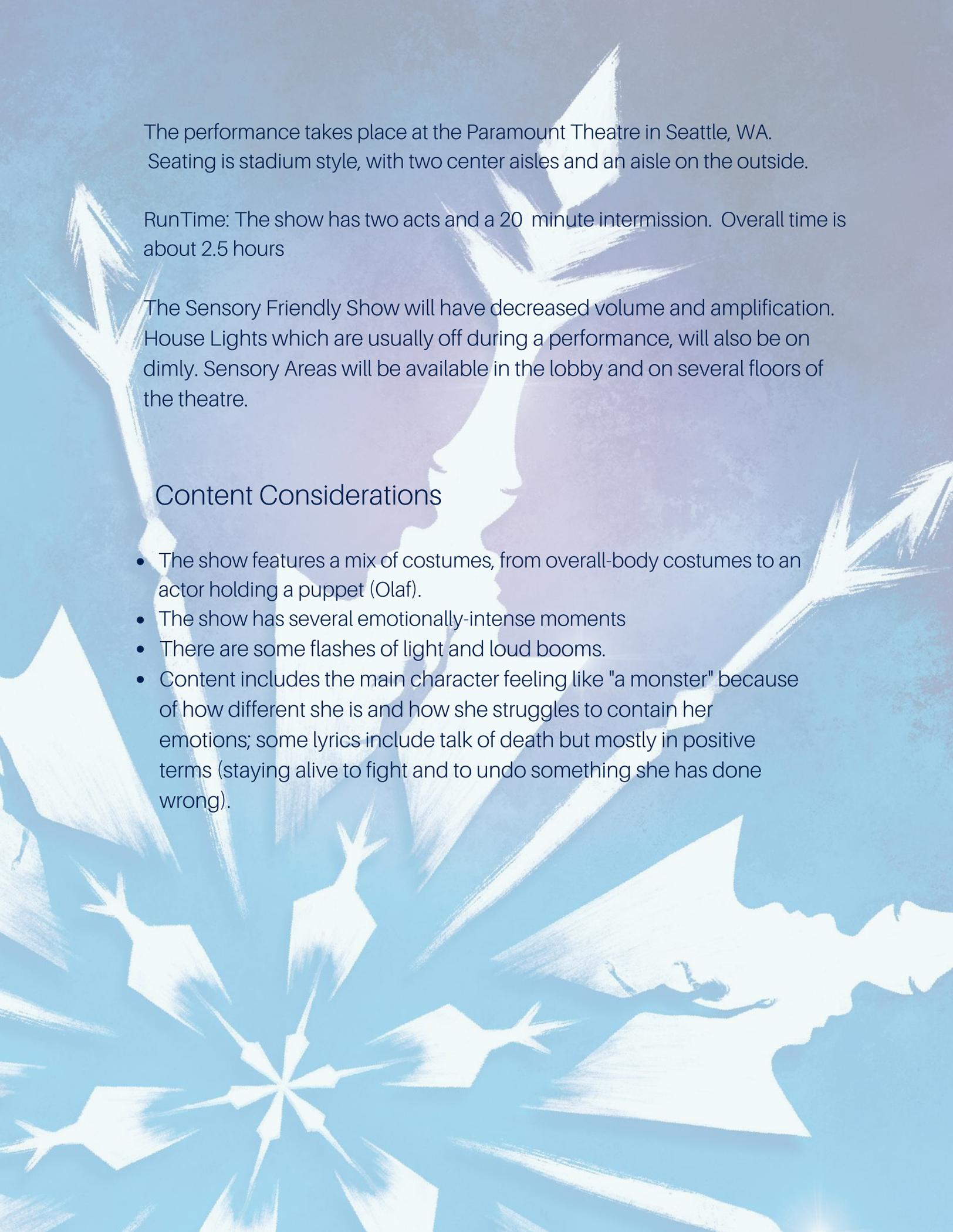
# Sensory Guide

for the Sensory Friendly  
Performance of the Touring  
Show of



SENSORY ACCESS

ACCESS FOR ALL

The background features a stylized illustration of a woman's profile in shades of blue and purple, wearing a crown. In the lower right, a smaller figure of a woman in a white dress is visible. The overall aesthetic is artistic and ethereal.

The performance takes place at the Paramount Theatre in Seattle, WA. Seating is stadium style, with two center aisles and an aisle on the outside.

RunTime: The show has two acts and a 20 minute intermission. Overall time is about 2.5 hours

The Sensory Friendly Show will have decreased volume and amplification. House Lights which are usually off during a performance, will also be on dimly. Sensory Areas will be available in the lobby and on several floors of the theatre.

## Content Considerations

- The show features a mix of costumes, from overall-body costumes to an actor holding a puppet (Olaf).
- The show has several emotionally-intense moments
- There are some flashes of light and loud booms.
- Content includes the main character feeling like "a monster" because of how different she is and how she struggles to contain her emotions; some lyrics include talk of death but mostly in positive terms (staying alive to fight and to undo something she has done wrong).

# Act One

Scene

Description

Sensory

BEFORE CURTAIN

Before the start of show there are some low rumbling sounds with a few high pitches to resemble sounds of glaciers grinding



1.1 Summer Festival

1.2 Young Anna &  
Young Elsa  
"A little Bit of You"  
"Northern Lights"

- Bright flashing light part way through scene
- Scary Moment - Anna gets hurt
- Scary Moment - Hidden Folk are a bit scary



1.3 Hallway  
"Do you want to  
build a Snowman?"

A little sad as Anna wants to be with Elsa  
& parents die



1.4 Anna's  
bedroom/Castle  
"Coronation Day"  
"For the First Time in  
Forever"

It's quite loud when party guests come  
into Castle



1.5 Castle Courtyard  
"Hans of the  
Southern Isles"



1.6 Castle Chapel

Sound of Bells ringing is loud



1.7 Ballroom  
"Coronation Ball"  
"Love is an Open  
Door"

# Act One

Scene

Description

Sensory

Blessing?

- Loud Boom
- Music gets quite loud
- Sound of Ice cracking is loud & intense



1.8 North Mountain  
"Reindeers are Better  
than People"  
"What do you know  
about Love"

1.9 Winter  
Wonderland  
Olaf  
"In Summer"

1.10 Castle  
Courtyard

- Loud Trumpets



1.11 North Mountain  
"Let it Go"

- Deep Bass Sounds
- Flashing
- Flash & Boom near end of scene
- Black out at end



INTERMISSION



SENSORY ACCESS

ACCESS FOR ALL

# Act Two

## Scene

## Description

## Sensory

2.1 Trading Post  
"Hygge"

- Loud during dancing
- Suggested nudity



2.2 Elsa's Ice Palace  
"Let it Go Reprise"  
"I Can't Lose You"

- Loud
- Flash of light
- Intense/Scary



2.3 Foot of the North  
Mountain  
"Do you want to build  
a Snowman?"

- Olaf is in pieces at beginning of scene

2.4 Hidden Folk  
"Fixer Upper"  
"Draw the Magic Out"

- Hidden Folk can be scary looking with glowing eyes
- Disco "spear" reflects light into audience



2.5 Mountain Pass

- Intense



# Act Two

## Scene

## Description

## Sensory

2.6 Elsa's Ice Palace  
"Monster"

- Sad & Intense
- Deep Bass Drum
- Ice Sound



2.7 Arendelle

- Sad (Elsa Captured)
- Intense



2.8 Castle Library

- Sad (Anna betrayed)
- Sad (Olaf starts to melt for a second)
- Intense

2.9 Whiteout/Thaw  
Finale

- Loud
- Intense (Anna/ Hans)
- Sad (Anna freezes/Elsa is threatened)
- Builds to an intensity



## BOWS

This is a list of possible sensory difficulties you or your child may experience while viewing this performance. Part of the magic of live theater is that unexpected things happen, so not every moment can be accounted for.

This review team included an Autistic Teen, a Psychologist and an Autism Therapist



SENSORY ACCESS

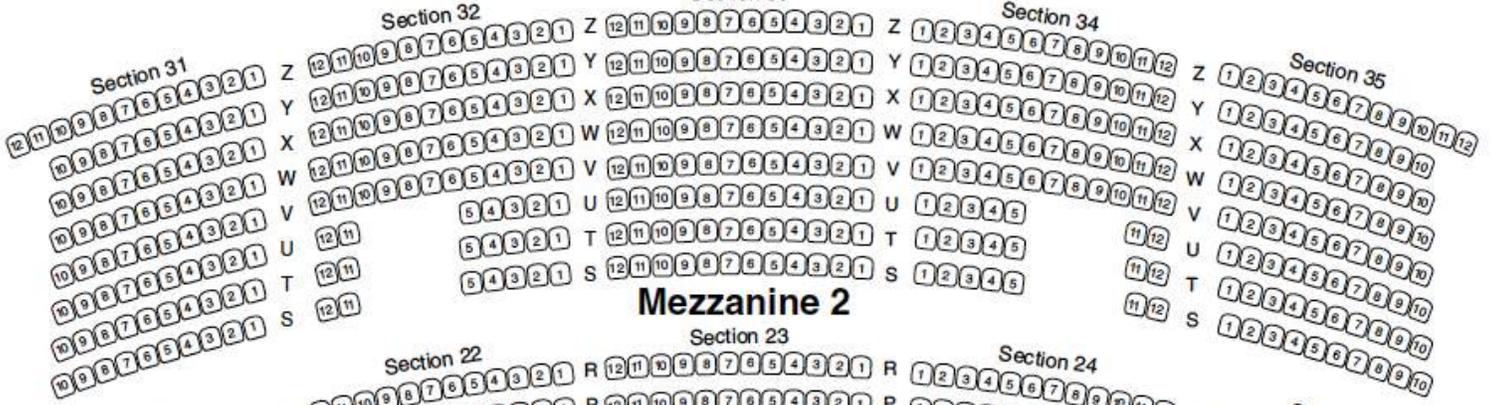
ACCESS FOR ALL

[WWW.SensoryAccess.org](http://WWW.SensoryAccess.org)

# T H E PARAMOUNT

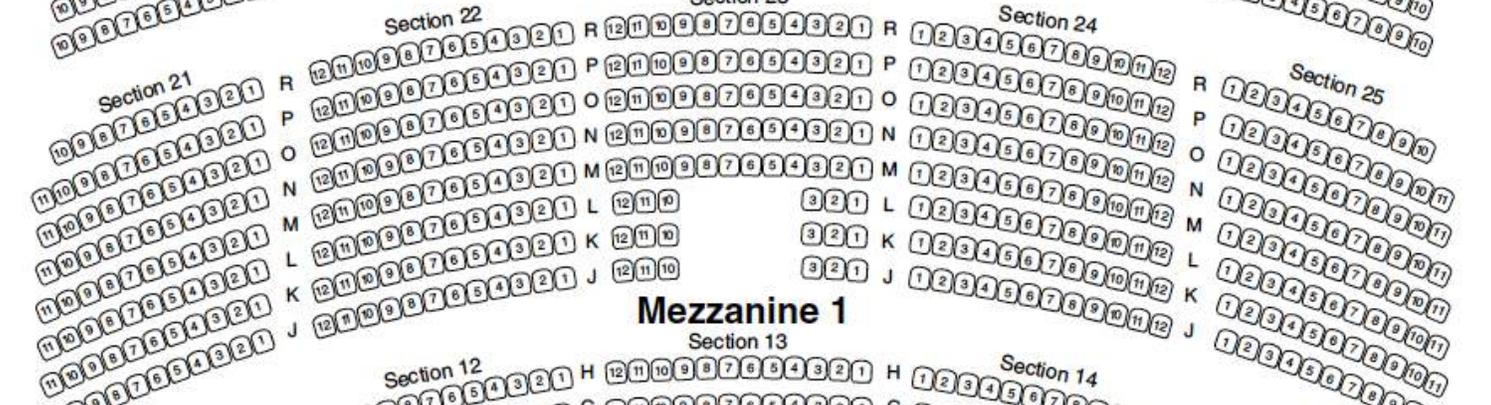
## Mezzanine 3

### Section 33



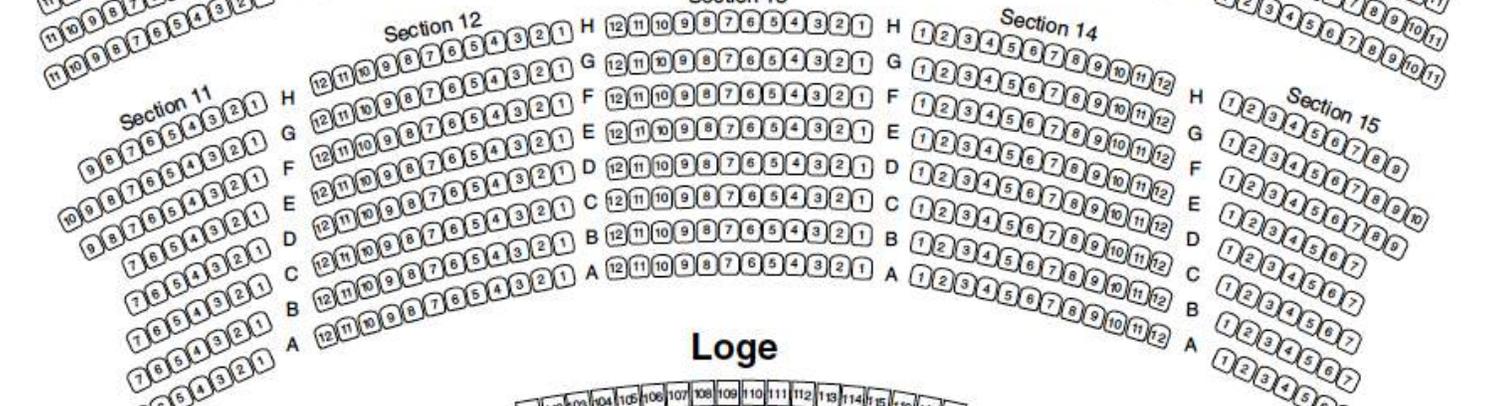
## Mezzanine 2

### Section 23

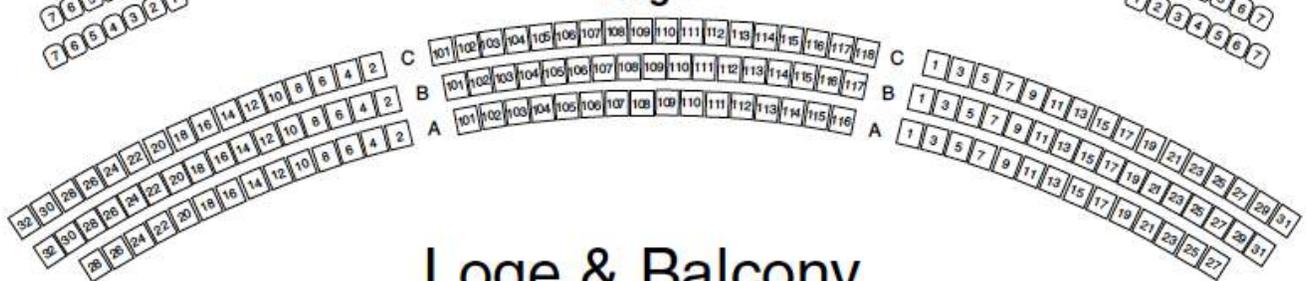


## Mezzanine 1

### Section 13



## Loge



## Loge & Balcony Level Seating

# STAGE

Section 1

Section 2

Section 3

Section 4

Section 1E

Section 1D

Section 1C

Section 1B

Section 1A

6	4	3	2	1	KK								
6	4	3	2	1	JJ								
6	6	4	3	2	1	HH							
7	6	6	4	3	2	1	GG						
6	6	4	3	2	1	FF							
6	6	4	3	2	1	EE							
7	6	6	4	3	2	1	DD						
7	6	6	4	3	2	1	CC						
2	1	10	9	8	7	6	5	4	3	2	1	BB	
2	1	10	9	8	7	6	5	4	3	2	1	AA	
2	1	10	9	8	7	6	5	4	3	2	1	Z	
2	1	10	9	8	7	6	5	4	3	2	1	Y	
3	2	1	10	9	8	7	6	5	4	3	2	1	X
3	2	1	10	9	8	7	6	5	4	3	2	1	W
9	8	7	6	5	4	3	2	1	U				
9	8	7	6	5	4	3	2	1	T				
2	1	10	9	8	7	6	5	4	3	2	1	S	
2	1	10	9	8	7	6	5	4	3	2	1	R	
3	2	1	10	9	8	7	6	5	4	3	2	1	P
3	2	1	10	9	8	7	6	5	4	3	2	1	O
10	9	8	7	6	5	4	3	2	1	N			
10	9	8	7	6	5	4	3	2	1	M			
10	9	8	7	6	5	4	3	2	1	L			
6	5	4	3	2	1	K							
7	6	5	4	3	2	1	J						
6	5	4	3	2	1	H							
6	4	3	2	1	G								
4	3	2	1	F									
3	2	1	E										

14	13	12	11	10	9	8	7	6	5	4	3	2	1	KK
14	13	12	11	10	9	8	7	6	5	4	3	2	1	JJ
14	13	12	11	10	9	8	7	6	5	4	3	2	1	HH
14	13	12	11	10	9	8	7	6	5	4	3	2	1	GG
14	13	12	11	10	9	8	7	6	5	4	3	2	1	FF
14	13	12	11	10	9	8	7	6	5	4	3	2	1	EE
14	13	12	11	10	9	8	7	6	5	4	3	2	1	DD
14	13	12	11	10	9	8	7	6	5	4	3	2	1	CC
14	13	12	11	10	9	8	7	6	5	4	3	2	1	BB
14	13	12	11	10	9	8	7	6	5	4	3	2	1	AA
14	13	12	11	10	9	8	7	6	5	4	3	2	1	Z
14	13	12	11	10	9	8	7	6	5	4	3	2	1	Y
14	13	12	11	10	9	8	7	6	5	4	3	2	1	X
14	13	12	11	10	9	8	7	6	5	4	3	2	1	W
14	13	12	11	10	9	8	7	6	5	4	3	2	1	V
14	13	12	11	10	9	8	7	6	5	4	3	2	1	U
14	13	12	11	10	9	8	7	6	5	4	3	2	1	T
14	13	12	11	10	9	8	7	6	5	4	3	2	1	S
14	13	12	11	10	9	8	7	6	5	4	3	2	1	R
14	13	12	11	10	9	8	7	6	5	4	3	2	1	P
14	13	12	11	10	9	8	7	6	5	4	3	2	1	O
14	13	12	11	10	9	8	7	6	5	4	3	2	1	N
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14	13	12	11	10	9	8	7	6	5	4	3	2	1	L
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14	13	12	11	10	9	8	7	6	5	4	3	2	1	J
14	13	12	11	10	9	8	7	6	5	4	3	2	1	H
14	13	12	11	10	9	8	7	6	5	4	3	2	1	G
14	13	12	11	10	9	8	7	6	5	4	3	2	1	F
14	13	12	11	10	9	8	7	6	5	4	3	2	1	D
14	13	12	11	10	9	8	7	6	5	4	3	2	1	C
14	13	12	11	10	9	8	7	6	5	4	3	2	1	B
14	13	12	11	10	9	8	7	6	5	4	3	2	1	A

KK	1	2	3	4	5	6	7	8	9	10	11	12	13	
JJ	1	2	3	4	5	6	7	8	9	10	11	12	13	14
HH	1	2	3	4	5	6	7	8	9	10	11	12	13	14
GG	1	2	3	4	5	6	7	8	9	10	11	12	13	14
FF	1	2	3	4	5	6	7	8	9	10	11	12	13	14
EE	1	2	3	4	5	6	7	8	9	10	11	12	13	14
DD	1	2	3	4	5	6	7	8	9	10	11	12	13	14
CC	1	2	3	4	5	6	7	8	9	10	11	12	13	14
BB	1	2	3	4	5	6	7	8	9	10	11	12	13	14
AA	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Z	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Y	1	2	3	4	5	6	7	8	9	10	11	12	13	14
X	1	2	3	4	5	6	7	8	9	10	11	12	13	14
W	1	2	3	4	5	6	7	8	9	10	11	12	13	14
V	1	2	3	4	5	6	7	8	9	10	11	12	13	14
U	1	2	3	4	5	6	7	8	9	10	11	12	13	14
T	1	2	3	4	5	6	7	8	9	10	11	12	13	14
S	1	2	3	4	5	6	7	8	9	10	11	12	13	14
R	1	2	3	4	5	6	7	8	9	10	11	12	13	14
P	1	2	3	4	5	6	7	8	9	10	11	12	13	14
O	1	2	3	4	5	6	7	8	9	10	11	12	13	14
N	1	2	3	4	5	6	7	8	9	10	11	12	13	14
M	1	2	3	4	5	6	7	8	9	10	11	12	13	14
L	1	2	3	4	5	6	7	8	9	10	11	12	13	14
K	1	2	3	4	5	6	7	8	9	10	11	12	13	14
J	1	2	3	4	5	6	7	8	9	10	11	12	13	14
H	1	2	3	4	5	6	7	8	9	10	11	12	13	14
G	1	2	3	4	5	6	7	8	9	10	11	12	13	14
F	1	2	3	4	5	6	7	8	9	10	11	12	13	14
E	1	2	3	4	5	6	7	8	9	10	11	12	13	14

Balcony Overhang

Orchestra Level Seating